



CDSS Children with Down's Syndrome Study

INFORMATION FOR PARENTS: COLLECTION OF BUCCAL (MOUTH) SWABS

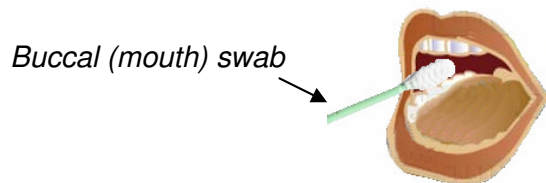
Contents of this pack

In this pack you should find:

- 6 buccal (mouth) swab packets (2 each for the mother, father and child)
- 6 name labels to complete and affix to each tube
- 1 padded, prepaid envelope for returning the swabs to us

What is a buccal (mouth) swab?

A buccal (pronounced "buckle") swab looks like a cotton bud. The top of the swab is similar to the top of a cotton bud but firmer. It is used to rub the inside of your mouth to collect cheek cells. This is rather like brushing teeth, except the swab brushes the inside of the cheek rather than the teeth.



Instructions for collecting the buccal swabs:

1. Remove the first swab from the tube and rub it firmly against the inside of your cheek for about a minute.
2. Afterwards carefully put the swab back into the tube and break off the green handle without the top of the swab touching your fingers.
3. Replace the lid and put the completed name label on the tube.
4. Once you have collected a swab from one of your cheeks, use the second swab to do the same for the other cheek.
5. Repeat the same process with your child to collect their buccal swabs.
6. When all buccal swabs have been collected, please return them to us in the prepaid envelope provided.

If you have any questions about how to collect your buccal swabs, or you need any more swab packets, please do not hesitate to contact us on:

Freephone: 0800 3280655

Email: cdss@equ.york.ac.uk